

# Are you concerned about falling?



Ask your doctor if "**Steady Steps**" is right for you.



**At Home with Shepherd's** fall prevention program, "**Steady Steps**" helps homebound individuals maintain their independence.



Through your physician referral, your care plan may include the following: **Home Care Nurse, Personal Care Aide, Physical Therapy and/or Occupational Therapy.** Our fall prevention program also includes:

- Safety Evaluation of Home
- Medication Review
- Community Resource Guide
- Dietary Consultation
- Fall Detection Pendant
- Durable Medical Equipment Analysis

*Help maintain your independence at home with Steady Steps!*

Contact At Home with Shepherd  
to learn more: **330-530-4041**



*at Home*  
WITH SHEPHERD

