

Sunday

Monday

Tuesday






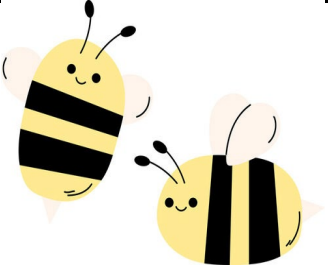
Wednesday

Thursday

Friday

Saturday

May 2026

								1 10:30 Chair Exercise (FL3) 11:15 Cross Training Fitness Class (CH) <small>May Day</small>		2  5:30 Kentucky Derby Party (MDR) Wear your decorated hats!! BYOB & Appetizer/Dessert to share RSVP: Cathy Kunz		
3	9:00 Shopping at Giant Eagle 10:30 Chair Exercise (FL3) 1:30 Cross Training Fitness Class (CH)	4	11:15 Bible Study (FL 3) 1:30 Activity Board Meeting (Board Members Only) 6:00 Bocce- Bocce Court  <small>Cinco de Mayo</small>	5	10:30 Chair Exercise (FL3) 2:00 Celebration of Life Church Service with Elder Clay (CH)	6	1:00 Lunch Out: Stonebridge	7	10:30 Chair Exercise (FL3) 11:15 Cross Training Fitness Class (CH)	8		
10	 9:00 Shopping at Rulli's 10:30 Chair Exercise (FL3) 12:30 Book Club (PDR) (No new book currently) 1:30 Cross Training Fitness Class (CH) <small>National Skilled Nursing Care Week</small>	11	11:15 Bible Study (FL 3) 2:00 Sam Fosh- Entertainer (CH) 6:00 Bocce- Bocce Court	12	10:00-1:00 Mah Jong (MDR) RSVP 10:30 Chair Exercise (FL3) 2:00 Church Service (CH)	13	12:00- 1:00 Wellness Check w/ At Home with Shepherd 12:30 Resident Association Meeting (MDR) 1:00 Birthday Party Luncheon (MDR)	14	10:30 Chair Exercise (FL3) 11:15 Cross Training Fitness Class (CH)	15		16
17	9:00 Shopping at Marc's 10:30 Chair Exercise (FL3) 1:30 Cross Training Fitness Class (CH) <small>Victoria Day (Canada)</small>	18	11:15 Bible Study (FL 3) 6:00 Bocce- Bocce Court	19	10:30 Chair Exercise (FL3) 2:00 Church Service with Elder Clay (CH)	20	1:00 Manor Lunch Guest Speaker: Tim Seaman <small>Shavuot Begins</small>	21	10:30 Chair Exercise (FL3) 11:15 Cross Training Fitness Class (CH) 2:00 Memorial Day Service 2:30 Ice Cream Social 3:00 Bingo	22		23
24	 MEMORIAL DAY Remember and Honor	25	11:15 Bible Study (FL 3) 6:00 Bocce- Bocce Court	26	10:00-1:00 Mah Jong (MDR) RSVP 10:30 Chair Exercise (FL3) 2:00 Church Service (CH)	27	4:30 Manor Wine & Cheese Dinner Wine Needed: none at this time	28	10:30 Chair Exercise (FL3) 11:15 Cross Training Fitness Class (CH) 1:30 Catholic Service & Communion 2:00- Donnie Abraham Sings oldies!	29		30
31		Shepherd of the Valley Poland- Independent Living										

ALL ACTIVITIES ARE SUBJECT TO CHANGE