



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

July 2026 Shepherd of the Valley Poland- Independent Living			1 2:00 Church Service with Elder Clay (CH) Canada Day	2 1:00 Lunch Out: Kensington Grille	3 11:15 Cross Training Fitness Class (CH)	4
5 Ignite the Night Youngstown Symphony Orchestra & Fireworks Youngstown Amphitheater & Wean Park **INDEPENDENT ACTIVITY IDEA**	6 9:00 Shopping at Giant Eagle 10:30 Chair Exercise (FL3) 1:30 Cross Training Fitness Class (CH)	7 11:15 Bible Study (FL 3) 6:00 Bocce- Bocce Court	8 10:00-1:00 Mah Jong (MDR) RSVP 10:30 Chair Exercise (FL3) 2:00 Church Service (CH)	9 10:00-11:00 Bridge of Hope Mini Car Show Front Parking Lot 12:00-1:00 Wellness Checks 1:00 Birthday Party Luncheon (MDR)	10 11:15 Cross Training Fitness Class w Jen (CH)	11
12 	13 9:00 Shopping at Rulli Brothers 10:30 Chair Exercise (FL3) 1:30 Cross Training Fitness Class w Jen (CH)	14 11:15 Bible Study (FL 3) 1:30-3:30 Tony Office Hours Model Condo 6:00 Bocce- Bocce Court Bastille Day	15 10:30 Chair Exercise (FL3) 2:00 Church Service with Elder Clay (CH)	16 11:00 Manor Brunch Buffet	17 10:30 Chair Exercise (FL3) 11:15 Cross Training Fitness Class w Jen (CH)	18
19	20 9:00 Shopping at Marcs 10:30 Chair Exercise (FL3) 1:30 Cross Training Fitness Class w Jen (CH)	21 11:15 Bible Study (FL 3) 1:00 Ladies Meet-Up Meet at Panera on Market 6:00 Bocce- Bocce Court	22 10:00-1:00 Mah Jong (MDR) RSVP 10:30 Chair Exercise (FL3) 2:00 Church Service (CH)	23 4:30 Manor Wine & Cheese Dinner	24 10:30 Chair Exercise (FL3) 11:15 Cross Training Fitness Class w Jen (CH)	25
26 	27 9:00 Shopping at Sparkle 10:30 Chair Exercise (FL3) 1:30 Cross Training Fitness Class w Jen (CH)	28 11:15 Bible Study (FL 3) 6:00 Bocce- Bocce Court 6:30 Canfield Community Band Front Parking Lot BRING A CHAIR!!	29 10:30 Chair Exercise (FL3) 2:00 Church Service with Elder Clay (CH)	30 2:00 Happy Hour Finger foods & select drinks provided	31 10:30 Chair Exercise (FL3) 11:15 Cross Training Fitness Class w Jen (CH) 2:00 Catholic Service 2:30 Ice Cream Social 3:00 Bingo	