

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Shepherd of the Valley Poland Assisted Living		1	2	3	4	5
		11:15 - Bible Study 2:00 - Quarter Bingo [NMDR]	10:30 - Exercise [FL3] 11:00 - Mid-Week Meditation 11:15 - Trivia 2:00 - Church Service [CH]	2:00 - Nail Care! 5:30 - Quarter Bingo 6:30 - Drizzilicious Snack	10:30 - Exercise [FL3] 11:00 - Google Questions with Charlotte for National Google Day! 2:00 - Beach Volleyball [NMDR]	2:00: BINGO!
6 Head to the 2nd floor library, grab a friend, and find a good book to enjoy together! Take some time to relax, unwind, and celebrate National Read a Book Day with a little reading and good company.	7 2:00 - Bingo with Jim! [NMDR] Labor Day	8 10:00 - Bible Study [CH] 10:30 - Visits with Abby [FL2] 11:00 - Veterans Only Social [MDR] 2:00 - Quarter Bingo [NMDR]	9 10:30 - Exercise [FL3] 11:00 - Mid-Week Meditation 11:15 - Western Silhouette Craft [FL3] 2:00 - Church Service [CH] Westminster Presbyterian	10 2:00 - Bingo with Jim [NMDR] 6:00 - Jim Frank Combo Music [CH]	11 10:30 - Exercise [FL3] 2:00 - Root Beer Floats 2:30 - Resident Council [FL3] Rosh Hashanah Begins	12 2:00: BINGO!
13 Assisted Living Week Happy Grandparents Day! 2:00 - independent resident meet up by the TV on your floor! Play games, socialize or watch a movie! Grandparents Day	14 Yee Haw It's PJ DAY Wear PJ's 8:30 Wild West Wakeup Breakfast MDR 10:30 - Seated Line Dancing 11:00- Finish the Line 1:30 - Making Smores MDR 1:45 - Western Film [MDR]	15 Country Music Attire Wear your favorite country artist 10:30 - Bible Study [CH] w. Paul Iden- Akeso 2:00 - Wild West Bingo [FL3]	16 Boots & Bandanas Wear your favorite bandana 10:30 -Seated Line Dancing 11:00 - Cowboy Coffee & Cookies 11:15 - Western Word Puzzle 2:00 - Church Service [CH]	17 Plaid & Pearls 2:00 - Western Watercolor Craft 5:30 - Quarter Bingo [FL3] 6:30 - Trail Mix Bar	18 Best Western Attire 11:00 - Hoedown Throwdown Picnic with entertainment from Simply Ed! Outdoor fun! **Weather Permitting** Oktoberfest Begins	19 2:00: BINGO!
20 2:00 - Resident Social! Hard Candy will be supplied on FL3 for all residents willing to come and socialize. {Independent Activity} Yom Kippur Begins	21 10:30 - Exercise [FL3] 11:00 - White House Fruit Farms & McDonald's 2:30 - Kings in the Corner Resident Lead	22 10:30 - Bible Study [CH] w. Paul Iden- Akeso 2:00 - Quarter Bingo [NMDR] Autumn Begins	23 10:30 - Exercise [FL3] 11:00 - Mid-Week Meditation 11:15 - Making a Fall Music Playlist 2:00 - Church Service [FL3] Pastor David	24 2:00 - Target Golf 5:30 - Quarter Bingo [FL3] 6:30 - Ice Cream Sandwiches	25 10:30 - Exercise [FL3] 11:00 - One-Hit-Wonder Trivia 2:00 - 9-5 Movie [NMDR] Sukkot Begins	26 2:00: BINGO!
27 National Ghost Hunting Day! Go around the facility and find the ghosts we have hidden. Collect them and bring them to the Activity office on FL3! Winner gets a prize! September 2026	28 10:30 - Exercise [FL3] 11:00 - Making Friendship Bracelets 2:00 - Happy Hour for National Drink a Beer Day! [NMDR]	29  11:15 - Bible Study Resident Lead 2:00 - Singer Rachell Joy [CH]	30 10:30 - Exercise [FL3] 11:00 - Mid-Week Meditation 11:15 - Who You Love Craft 2:00 - Church Service [CH]			

We Practice Person Centered Care Philosophy - Programs are planned by the residents with assistance from staff as needed. All activities are subject to change!