

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Shepherd of the Valley Poland Independent Living		1 11:15 Bible Study (FL 3) 6:00 Bocce- Bocce Court	2 10:30 Chair Exercise (FL3) 2:00 Church Service (CH)	3 1:00 Lunch Out: Carmella's	4 11:15 Cross Training Fitness Class (CH)	5
6	 LABOR DAY	8 11:00 Veterans Meetup (MDR) Veterans only 6:00 Bocce- Bocce Court	9 10:00-1:00 Mah Jong (MDR) 10:30 Chair Exercise (FL3) 2:00 Church Service (CH)	10 12:00-1:00 Wellness Checks 12:30 RA Meeting 1:00 Birthday Party Luncheon (MDR) 6:00 Jim Frank Combo (CH)	11 11:15 Cross Training Fitness Class (CH) Rosh Hashanah Begins	12  10:00 Donuts & Coffee (MDR) RSVP to Cathy Kunz
 HAPPY Grandparents' Day	14 9:00 Shopping at Giant Eagle 10:30 Chair Exercise (FL3) 1:00 Cross Training Fitness Class w Jen (CH)	15 1:00 Ladies Meet-Up Meet at Panera on Market 6:00 Bocce- Bocce Court	16 10:30 Chair Exercise (FL3) 2:00 Church Service (CH)	17 1:00 Manor Lunch	18 11:15 Cross Training Fitness Class (CH)	19  Oktoberfest Begins
20	21 9:00 Shopping at Marc's 10:30 Chair Exercise (FL3) 1:00 Cross Training Fitness Class w Jen (CH)	22 6:00 Bocce- Bocce Court Autumn Begins	23 10:00-1:00 Mah Jong (MDR) 10:30 Chair Exercise (FL3) 2:00 Church Service (CH)	24 4:30 Manor Wine & Cheese Dinner	25 11:15 Cross Training Fitness Class w Jen (CH) 2:00 Catholic Service & Communion 2:30 Ice Cream 3:00 Bingo Sukkot Begins	26
 HAYRIDES • BONFIRES • SMORES hello Fall PUMPKINS • LEAVES • APPLE CIDER	28 9:00 Shopping at Save a Lot 12:00 Hollywood Casino 12 spots 1:00 Cross Training Fitness Class w Jen (CH)	29 11:15 Bible Study (FL 3) 2:00 Rachell Joy (CH) Singer 7:00 Crime Watch MDR	30 10:30 Chair Exercise (FL3) 1:00 Dancing Basics w/ Charlotte (MDR) 2:00 Church Service (CH)	September 2026 		